

### **Pasta Salad**

Brown Rice Pasta cooked with kombu with sautéed turnips, peas, parsley, dijon mustard, vegan mayo, walnuts

### **BBQ Jackfruit**

Jackfruits sautéed with yellow onions, BBQ sauce made with sweet potatoes, mustard powder, ginger, garlic, cumin, brown rice syrup, maple syrup, liquid smoke

### **Corn cakes with avocado, sauerkraut & hiziki**

Corn cakes fresh on the griddle made with Chickpea flour, cornmeal, polenta, fresh corn, cumin, baking powder, sea salt, oat milk, parsley, spring onions, hiziki

### **Wild Mushroom Miso soup with Tofu**

Foraged Chicken of the Woods mushroom, onions, shredded carrots, green onions, diced tofu, wakame